

Trainee Professional Development Retreat: Designing Your Future
April 28 – 29, 2018 – Banff Centre for Arts and Creativity

DAY 1	
Time	Agenda
11:30	Arrivals and Lunch
12:20	Welcome and Introductions
1:00	Agenda & Objectives
1:15	Planning for the Future <ul style="list-style-type: none"> Examining Career Path: Current State Being Strategic: Future State
2:15	Break
2:30	Career Strategy: Knowing your Strengths <ul style="list-style-type: none"> Why Strengths Matter Examine your Personalized Strengths Report: Part I
3:30	Strengths in Action <ul style="list-style-type: none"> Team Exploration of Strengths
4:30	Break & Hotel Check ins
5:30	Dinner
6:45	Communicating with Confidence: Steps for Interviews <ul style="list-style-type: none"> Examine your Personalized Strengths Report: Part II Translating your Skills for the Job Market
8:00	Reception
DAY 2	
7:30 – 8:45	Breakfast
9:00	Mapping your Network: Support for your Future <ul style="list-style-type: none"> Identify Key Roles and Support System within your Network Create a Plan for Building Relationships and Communicating Needs
10:45	Break
11:15	Storytelling with Purpose <ul style="list-style-type: none"> Leadership and the Types of Stories We Tell Create Stories to Share your Experience and Skills
12:30	Lunch
1:30	Action Planning: Next Steps <ul style="list-style-type: none"> Identify your Gaps and Opportunities Reflection and Planning
2:30	Final Close & Learnings
3:00	Program Close
3:30	Bus Departures