

Agenda

Saturday	Sunday
	Breakfast
	9:00 A.M. – Noon Strengths Deployment Inventory: Communication in Conflict Mindfulness Experience Building Trust in our lives: Reflection & Feedback
Arrive at Banff Centre in the morning	
Lunch 11:30 A.M. – 12:10 P.M.	Lunch & Walk 12:30 - 1:40 P.M.
Opening Remarks Program Introduction Getting to know who is in the room	1:40 – 3:00 P.M. Leadership & Communication Learning Takeaways & Practical Application Formal Program Close
1:00 – 4:30 P.M. Strengths Deployment Inventory: Our Preferences When Things are Going Well Experience: Communication & Assumptions How we work together: Emotional Intelligence	Bus to depart Banff Centre at 3:45 P.M.
Dinner 5:30 P.M. – 6:30 P.M.	
6:30 – 7:45 P.M. Communication in Action Trust: What is it & Why it Matters	Please note: Agenda is subject to change.
8:00 P.M. Reception	